

Special thanks to Narinder Dhami

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"Look, Kirsty," Rachel Walker called as she hurried through the trees. "I think I found some wild onions!"

"Oh, great!" Kirsty Tate, Rachel's best friend, ran to join her, swinging her basket. The two girls were on a nature walk in the forest near their vacation cottage on Rainspell Island, where they were spending the school break with their families.



Rachel and Kirsty knelt down and gazed at the onion plants. They had long,



thin leaves and greenish-white flowers. The girls knew that not so far underground there were

onion bulbs.

"The Junior Naturalist class we went to this morning was fun, wasn't it, Kirsty?" Rachel said with a smile. "I never realized there were so many things growing wild on Rainspell Island that you can eat. Do you have the soup recipe the teacher gave us?"

Kirsty took a leaflet labeled MUSHROOM SOUP out of her basket.



"Remember, Jo told us that we should only take as much as we need," Kirsty reminded Rachel. "Otherwise the plant won't be able to reseed itself, and then there won't be new onion plants next year."



Rachel checked the recipe ingredients. Then she carefully pulled some of the onion bulbs from the ground and put them in Kirsty's basket. The girls had already collected some sprigs of sweetsmelling wild thyme and other herbs.



"Now we just have to find some mushrooms, and we can make soup for dinner tonight!" Rachel jumped to her feet. "We have to remember to check the booklet about 00 mushrooms that Jo gave us, because Mr. 11 we need to make sure M M. the ones we find Ш aren't poisonous."

"Isn't it amazing how many different plants and animals there are in the forest?" Kirsty remarked as they wandered along the path again.

"I know," Rachel agreed. "It was so



interesting this morning when Jo explained how all the plants and animals and birds rely on one another, and on the forest, for their food and shelter."

Kirsty glanced around. The leaves on the trees were turning red, gold, and yellow, and squirrels were busily leaping around. collecting nuts to store Nh, for the winter. M "I love Rainspell," Kirsty said happily. "I'm so glad we came back." Rachel nodded in agreement.



Rainspell Island was really special to Rachel and Kirsty because it was where they first became friends, *and* where they first met the fairies!

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No one else knew about Rachel and Kirsty's magical friendship with the fairies. In the past, King Oberon and Queen Titania had often asked for the girls' help whenever they had problems with Jack Frost and his goblins. But this time, it had been Rachel and Kirsty's turn to ask the fairies for *their* help.

The girls had been shocked when they returned to Rainspell Island to find litter on the beautiful golden beach, so they'd used their special lockets to visit Fairyland and ask the king and queen to help clean up the human world.



The king and queen had named seven fairies-in-training the Earth Fairies for a trial period. If they completed their allotted tasks, their special jobs would become permanent. Rachel ((and Kirsty had been thrilled to find out that these fairies would work to make the world a cleaner, greener place. But they knew that humans had to help, too.

But just as the Earth Fairies were about to be presented with their new wands, Jack Frost and his goblins had zoomed in on an ice bolt. The goblins had grabbed the wands, and then Jack Frost's icy spell had sent them spinning



human world. Jack Frost was trying to prevent humans from becoming greener, but Rachel and Kirsty were determined to find the wands and return them to their rightful owners. The Earth Fairies needed to start their important work!



"I wonder if we'll find another wand today," Kirsty remarked as the girls made their way through the woods.

"Remember what Queen Titania always says," Rachel replied.



"We have to wait for the magic to come to *us*! But four of the wands are safely back in Fairyland now, at least."

"And we know that fairy magic can't fix all our environmental problems," Kirsty added. "We humans have to do everything we can to help as well!" She pointed at a tree ahead of them. "Look,



Rachel, isn't that a silver birch?"

"Yes," Rachel agreed, admiring the tree's beautiful silvery trunk.

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"Jo showed us one this morning. And look," she went on, "there are some wild flowers growing at the foot of it."

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As the girls were looking at the tiny purple flowers, Kirsty felt a drop of rain splash onto her thm, mm face.

Suddenly, more rain began to pour down on them from the darkening sky.

"Quick, Kirsty!" Rachel called to her friend. "We can take shelter under that cluster of trees over there."

The girls ran toward the trees and huddled underneath them.

"That's better!" Kirsty said, shaking her damp hair out of her eyes. "The rain's really coming down now, Rachel."



Rachel was about to reply when suddenly she cried out in delight.

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"This is amazing!" She pointed down at the grass at her feet, where there was a circle of gleaming white mushrooms.

"Fantastic!" Kirsty laughed. "Isn't it lucky that we came here to find shelter?" She opened the leaflet their

teacher had given them, and checked the pictures carefully. "I think these mushrooms are safe to eat, but we'll ask





our moms, too," Kirsty said at last. "They'll be wonderful in our soup! I'll gather as many as we need, and no more than that."

Kirsty bent down to pick a few mushrooms. But then she gasped with surprise.

There, hidden under one of the mushrooms, was Lily the Rain Forest Fairy!

